



Week Commencing 7/1/19

DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Wholemeal pasta with green beans and garlic bread	Homemade Chicken Korma with Wholegrain Rice	Ham Roast Dinner with Roasted New Potatoes and Cauliflower Cheese	Traditional Beef Pie with Mash Potato and Seasonal Vegetables	Fish Fingers or Veggie Roll with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable and Cheese Omelette	Homemade Falafel Pita	Homemade Cherry Tomato Quiche	Twice Baked Jacket Potatoes	Homemade Salmon Fish Pie
Homemade Soup	Chef's Choice	Tomato and Lentil	Chef's Choice	Leek and Potato	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Rice	Roasted New Potatoes	Mash	Chips
Vegetables Salad Bar with Hummous	Green Beans	Carrots	Cauliflower	Leeks and Carrots	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Fresh Fruit	'Chocolate' Fudge Cake Fresh Fruit	Homemade Apple and Oat Crumble with Custard Yoghurts	Angie's Cookies Fresh Fruit	Cheese and Crackers or Yoghurts Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 14/1/19

DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Macaroni Cheese with Homemade Garlic Bread	Homemade Moroccan Lamb with Rice and Couscous	Homemade Pizza with Potato Wedges and Salad	Sausage and Homemade Mash Potato with Onion Gravy and Broccoli	Homemade Battered Fish with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Spaghetti Vegetable Stir Fry	Homemade Tomato Pasta	Homemade Cheese and Chive Quiche with Salad	Tuna Pasta with Cucumber Sweetcorn and Red Onion	Salmon Fish Pie
Homemade Soup	Chef's Choice	Vegetable	Chef's Choice	Tomato	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Rice	Wedges	Mash	Chips
Vegetables Salad Bar with Hummous	Peas	Tomato/Salad	Cucumber/Tomato	Broccoli	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Yoghurts	Carrot Cake Fresh Fruit	Lemon Meringue Pie Yoghurts	Chads Cake Fresh Fruit	Cheese and Crackers Fresh Fruit and Yoghurts

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Week Commencing 21/1/2019

DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Spicy Quorn Mince Enchiladas served with Homemade Tortilla Chips	Homemade Beef Cottage Pie with Seasonal Vegetables	Wholemeal Tomato Pasta Bake with Homemade Garlic Bread	Lamb Kofta Mince Curry served with Rice, Yoghurt and Cucumber Dip	Fish Cake or Fish Fingers with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Red Pepper Quiche	Cheese and Tomato Toasties	Creamy Salmon Pasta with Peas	Quorn Dipper Wraps	Veg Rolls
Homemade Soup	Chefs Choice	Leek and Potato	Chef Choice	Carrot and Coriander	Chef Choice
Starchy Food Various Bread Choices Available	Wraps	Mash	Pasta	Rice	Chips
Vegetables Salad Bar with Hummous	Peppers/Tomatoes	Carrots	Tomatoes	Salad	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Cherry Bakewell Flapjacks Fresh Fruit	Homemade Fresh Fruit Pavlova Fresh Fruit	Fresh Fruit Salad Yoghurts	Vanilla Iced Sponge Fresh Fruit	Fruit Jelly and Ice Cream Fresh Fruit

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Week Commencing 28/1/19

DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Veg Curry with Wholegrain Rice and Green Beans and Mango Chutney	Homemade Traditional Liverpool Scouse with Pickles, Beetroot and Crusty Bread	Homemade Quorn Mince Lasagne with Homemade Garlic Bread	Chicken Roast Dinner with Roast Potatoes and Seasonal Vegetables	Fish Fingers with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Baked Spring Rolls or Samosa	Feta and Vegetable Pasta	Homemade Cherry Tomato Quiche	Homemade Macaroni and Cheese Pasta.	Salmon fish Pie
Homemade Soup	Chef's Choice	Curried Cauliflower	Chef's Choice	Leek and Potato	Chef's Choice
Starchy Food Various Bread Choices Available	Rice/Wraps	Rice	Pasta	Potato	Chips
Vegetables Salad Bar with Hummous	Peppers/Broccoli	Carrots	Tomatoes	Salad	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Sponge Cake Fresh Fruit	Fresh Fruit Yoghurt Crunch Pots Fresh Fruit	Fresh Fruit Salad Yoghurts	Homemade Iced Apple Flapjacks Fresh Fruit	Cheese and Crackers or Yoghurts Fresh Fruit

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Week Commencing 4/2/19

DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Pasta with Baby Carrots and Homemade Garlic Bread	Homemade Moroccan Lamb Served with Wholegrain Rice	Homemade Pizza with Wedges and Fresh Salad	All Day breakfast – Scrambled Egg, Hash Browns, Beans, Sausage, Mushrooms	Veg Rolls or Fish Cake with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Pesto Pasta	Falafel Pitta Bread served with Salad and a Cucumber and Yoghurt Dip	Spanish Omelette	Vegetarian Breakfast	Veggie Burgers in a Bun
Homemade Soup	Chef's Choice	Chinese sweetcorn	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Wholemeal Rice	Pizza Base	Hash Browns	Chips
Vegetables Salad Bar with Hummous	Baby Carrots	Green Beans	Tomatoes	Mushrooms	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Shortbread Biscuits Fresh Fruit	Homemade Apple Pie with Cream Fresh Fruit	Fresh Fruit Salad Yoghurts	Cheryl's Jam Puff Fresh Fruit	Cheese and Crackers Yoghurts Fresh Fruit

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Week Commencing 11/2/19

DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn Mince Bolognese with Homemade Garlic Bread	Roast Ham with New Roast Potatoes and Cauliflower Cheese	Veg Sausage with Homemade Mash Potato and Broccoli	Homemade Chicken Curry with Wholemeal Rice and Chutney	Battered Fish or Fish Fingers with Homemade Chips and Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tuna Pasta with Cucumber and Sweetcorn	Twice Baked Jackets	Vegetable Frittata	Vegetable and Rice Enchiladas	Salmon Fish Pie
Homemade Soup	Chef's Choice	Roasted Pepper	Chef's Choice	Spicy Tomato	Chef's Choice
Starchy Food Various Bread Choices Available	Spaghetti	New Potatoes	Potato	Brown Rice	Chips
Vegetables Salad Bar with Hummous	Tomatoes	Cauliflower	Broccoli	Salad	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Ginger Biscuits Fresh Fruit	"Chocolate" Cookies Fresh Fruit	Fresh Fruit Salad Yoghurts	Iced Apple Flapjacks Fresh Fruit	Fruit Jelly and Ice Cream Fresh Fruit

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