

ACTIVITES

'Born To Be Brave'

Bravery can take many forms, such as facing a challenge, fighting an illness or even doing the right thing and refusing to go along with the peers (eg: bullying / smoking). Write a poem or short story about how you or a friend / family member have showed bravery.

You Can't Stop the Beat

Using your arts and crafts skills, and recycled household items, make a percussion instrument, like a drum or shaker. Decorate your instrument using paints / coloured paper etc.
As a group, play along with your favourite Peace Proms songs!

Proud

Think of a time when you felt proud of yourself. Draw or paint a picture that celebrates this moment!

You're The Voice

Study some fun vocal excercises with your choir that they can practise at home to strengthen their singing voice.

We're All In This Together

Form groups within your class and work together to create projects on how you can make a difference to the environment, eg: planting a garden, reducing waste etc.

Spread The Love Around

One way to spread the love is through a daily good deed.
Brainstorm and create a list of good deeds from simple acts like setting the table for dinner, volunteering or donating to a charity. Try to choose one each day and Spread The Love Around

Heroes

Real-world heroes do not wear a cape or possess super powers and often receive no recognition for their heroic actions.

Choose a hero in your community or county, research their actions / achievements and create a presentation to tell others about this hero and how their actions are or were heroic.

What The World Needs Now Is Love

As an introduction to sign language, become familiar with signing the letters of the alphabet and learn how to sign your name

Born To Be Brave

Highschool Musical The Series

Don't need a king
I got my crown
Don't need a hero to lift me off the ground
I built this heart
It's beating loud
Won't let no bad times ever bring me down

Keep flying higher
Keep shining brighter. Yeah,
I am everything that I was meant to be
A blazin' fire
A strong survivor
Even the worst days won't get the best of me

CHORUS

'Cause I was born to be brave
I know who I am inside
And I won't apologize
Made my mistakes
And they gave me wings to fly
To my castle in the sky

I used to feel
Like I was lost
It's like my phone's navigation was turned off
But it's the road
I stumbled on
That led me right to the place where I belong

Keep flying higher
Keep shining brighter. Yeah,
I am everything that I was meant to be
A blazin' fire
A strong survivor
Even the worst days won't get the best of me

CHORUS

'Cause I was born to be brave
I know who I am inside
And I won't apologize
Made my mistakes
And they gave me wings to fly
To my castle in the sky

No more doubtin', just let it go
No more running, I run this show
Way up here, yeah, the view is gold

'Cause I was born to be brave
Now I'm standing miles high
Like castles in the sky
Bosses and queens, stand up on your throne
Know who you are, this is your kingdom
Legends at heart, individuals
Go make your mark, be original

(Freestyle Dance)

CHORUS

'Cause I was born to be brave
I know who I am inside
And I won't apologize
Made my mistakes
And they gave me wings to fly
To my castle in the sky

No more doubtin' just let it go
No more running, I run this show
Way up here, yeah, the view is gold

'Cause I was born to be brave
Now I'm standing miles high
Like castles in the sky
Like castles in the sky

Heroes (We Could Be)

Alesso

We go hideaway in daylight
We go undercover when under sun
Got a secret side in plain sight
Where the streets are empty
That's where we run

Everyday people do
Everyday things but I
Can't be one of them
I know you hear me now
We are a different kind
We can do anything

We could be heroes
We could be heroes, Me and you
We could be heroes
We could be heroes, Me and you
We could be

(Free style dance)

Anybody's got the power
They don't see it
'Cause they don't understand
Spin around and round for hours
You and me we got the world in our hands

Everyday people do
Everyday things but I
Can't be one of them
I know you hear me now
We are a different kind
We can do anything

We could be heroes
We could be heroes, Me and you
We could be heroes
We could be heroes, Me and you
We could be

(Free style dance)

We could be heroes
We could be heroes, Me and you
We could be

All we're looking for is love and a little light
Love and a little light (We could be)
All we're looking for is love and a little light
Love and a little light

We could be heroes
We could be heroes, Me and you
We could be

2022

Musical Medley 2022

We're all in this together – High School Musical

Together, together, together everyone
Together, together, come on let's have some fun

We're all in this together
Once we know that we are
We're all stars and we see that
We're all in this together
And it shows when we stand hand in hand
Make our dreams come true

Together, together, together everyone
Together, together, come on let's have some fun
Together, we're there for each other every time
Together together come on let's do this right

Here and now it's time for celebration
I finally figured it out (yeah yeah)
That all our dreams have no limitations
That's what it's all about

Everyone is special in their own way
We make each other strong
Were not the same
We're different in a good way
Together's where we belong

We're all in this together
Once we know that we are
We're all stars and we see that
We're all in this together
And it shows when we stand hand in hand
Make our dreams come

We're all in this together
Once we know that we are
We're all stars and we see that
We're all in this together

Spread the Love Around – Sister Act

Start a conversation, throw a celebration
Let whatever's in you out
Welcoming and sharing, simply caring
That's what life is about

Don't just sit on the side
Go along for the ride
With your heart open wide as it goes
Let love's music fill you down to your toes

And get up, and join the crowd on the floor
Jump in, that's what your spirit is for!
Reach out, embrace the love that you found
Life's only love, spread the love around

Everyone join your hands together
Everyone find the common ground
Everyone sister and brother
Love one another, spread it around

Everyone join your hands together
Everyone find the common ground
Everyone sister and brother
Love one another, spread it around
And get down

Get up, and join the crowd on the floor
Jump in, that's what your spirit is for
Reach out, embrace the love that you found
Love one another, spread it all around
Get down, with all your heart and your soul
Dance on (Woo)

Become a part of the whole
Don't stop, until your lost in the sound
Life's only love, Spread the love
Spread the love, Spread the love
Spread the love, love, love, around
Wild cats everywhere
Wave your hands up in the air
That's the way we do it
Let's get to it
Come on everyone!

Brand New Day – The Wiz

Everybody look around
'Cause there's a reason to rejoice you see
Everybody come out
And let's commence to singing joyfully
Everybody look up
And feel the hope that we've been waiting for
Everybody's glad
Because our silent fear and dread is gone
Freedom, you see, has got our hearts singing so joyfully
Just look about
You owe it to yourself to check it out

Can't you feel a brand new day?
Can't you feel a brand new day?
Can't you feel a brand new day?
Can't you feel a brand new day?

INSTRUMENTAL

Everybody be glad
Because the sun is shining just for us
Everybody wake up
Into the morning into happiness
Hello world
It's like a different way of living now
Thank you world
We always knew that we'd be free somehow

Freedom, you see, has got our hearts singing so joyfully
Just look about
You owe it to yourself to check it out

Can't you feel a brand new day?
Can't you feel a brand new day?
Can't you feel a brand new day?
Can't you feel a brand new day?

INSTRUMENTAL

Can't you feel a brand new day?
Can't you feel a brand new day?
Can't you feel a brand new day?
Can't you feel a brand new day?

Can't you feel a brand new day?
Can't you feel a brand new day!

You Can't Stop the Beat – Hairspray Broadway

You can't stop today
As it comes speeding 'round the track
Child! Yesterday is history
And it's never comin' back!

'Cause tomorrow is a brand new day, and it don't know white from black

'Cause the world keeps spinnin' round and round
And my heart's keepin' time to the speed of sound
I was lost 'til I heard the drums, then I found my way

'Cause you can't stop the beat!

Ever since we first saw the sun

No matter what it's nice to shimmy when the day is done
and so we're gonna shake and shimmy it and have some fun to day

'Cause you can't stop the motion of the ocean, or the rain from above

You can try to stop the paradise we're dreamin' of

But you cannot stop the rhythm of two hearts in love to stay

'Cause you can't stop the beat!

Aah, aah, aah

Ahh, ahh, ahh

Ahh, ahh, ahh ahh

Ever since we first saw the sun

No matter what it's nice to shimmy when the day is done

And so we're gonna shake and shimmy it and have some fun today!

'Cause you can't stop the motion of the ocean or the rain from above

You can try to stop the paradise we're dreamin' of

But you cannot stop the rhythm of two hearts in love to stay!

'Cause you can't stop the beat!

You can't stop the beat

You can't stop the beat

Pop Medley 2022

Memories - Maroon 5

Here's to the ones that we got
Here's to the wish you were here, but you're not
'Cause the dreams bring back all the memories
Of everything we've been through
Cheers to the ones here today
Cheers to the ones that we lost on the way
'Cause the dreams bring back all the memories
And the memories bring back, memories bring back you

There's a time that I remember, when I did not know pain
I believed in forever, everything just stayed the same
Now my heart feel like December
When somebody says your name
'Cause I can't reach out to call you,
but I know I will one day, yeah
Everybody hurts sometimes

Everybody hurts someday, ayy ayy
Everything's gonna be alright
Go raise your voice and say, ayy
Here's to the ones that we got
Here's to the wish you were here, but you're not
'Cause the dreams bring back all the memories
Of everything we've been through
Cheers to the ones here today
Cheers to the ones that we lost on the way
'Cause the dreams bring back all the memories
And the memories bring back, memories bring back you

Doo doo, doo doo doo doo
Doo doo doo doo, doo doo doo doo
Doo doo doo doo, doo doo doo
Memories bring back,
memories bring back you

Dance Monkey – Tones and I

They say oh my god I see the way you shine
Take your hands, my dear, and place them both in mine
You know you stopped me dead while I was passing by
And now I beg to see you dance just one more time

Oh I see you, see you, see you every time
And oh my I, I, I like your style
You, you make me, make me, make me wanna fly
And now I beg to see you dance just one more time
And it shows when we stand hand in hand
Make our dreams come

Wild cats everywhere
Wave your hands up in the air
That's the way we do it
Let's get to it
Come on everyone!

They say
Dance for me, dance for me, dance for me, oh, oh, oh
I've never seen anybody do the things you do before
They say move for me, move for me, move for me, ay, ay, ay
And when you're done I'll make you do it all again

Ooh I see you, see you, see you every time
And oh my I, I, I like your style
You, you make me, make me, make me wanna fly
And now I beg to see you dance just one more time

They say
Dance for me, dance for me, dance for me, oh, oh, oh
I've never seen anybody do the things you do before
They say move for me, move for me, move for me, ay, ay, ay
And when you're done I'll make you do it all again

They say
Dance for me, dance for me, dance for me, oh, oh, oh, oh, oh, oh, oh
I've never seen anybody do the things you do before
They say move for me, move for me, move for me, ay, ay, ay
And when you're done I'll make you do it all again. All again.

Take On the World

I've been waitin'
For a day like this to come
Struck like lightnin'
My heart's beating like a drum
On the edge of something wonderful

Face to face with changes
What's it all about?
Life is crazy
I know I can work it out
I got you to live it with me

I feel all right, I'm gonna take on the world
Light up the stars, I've got some pages to turn
I'm singing oh oh oh, Oh oh oh oh
I've got a ticket to the top of the sky
I'm comin' up, I'm on the ride of my life
I'm singing oh oh oh, Oh oh oh oh

Take on the world
Take on the world (Take on the world)
Take on the world
Take on the world (Take on the world)
I feel all right, I'm gonna take on the world
Light up the stars, I've got some pages to turn
I'm singing oh oh oh. Oh oh oh oh
I've got a ticket to the top of the sky
I'm comin' up, I'm on the ride of my life
I'm singing oh oh oh, Oh oh oh oh

Take on the world
Take on the world (Take on the world)
Take on the world
Take on the world (Take on the world)
Take on the world
Take on the world (Take on the world)
Take on the world
Take on the world (Take on the world)

Get Up and Dance – Walk the Moon

Oh don't you dare look back
Just keep your eyes on me
I said no holding back
Get up and dance with me
This moment is our destiny, Ooh ooh
Get up and dance with me

We were victims of the night
The quizzical, mystical, kryptonite
That helped us through the phase and fading light
We were bound to be together
Bound to be together

Right here and now
I think I see my future
What's done is in the past

Oh don't you dare look back
Just keep your eyes on me
I said no holding back
Get up and dance with me
This moment is our destiny, Ooh ooh
Get up and dance with me

(Free style dance)

Oh don't you dare look back
Just keep your eyes on me
I said no holding back
Get up and dance with me
This moment is our destiny
Ooh ooh
Get up and dance

Oh don't you dare look back
Just keep your eyes on me
I said no holding back
Get up and dance with me
This moment is our destiny, Ooh ooh
Get up and dance

I Just Got Paid. Sigala

(Free style dance)

I should grow up some day 'cause I got bills to pay
I think I'll take my time, I know I'll be just fine
And when I've had my fun, I swear I'll be someone
I know that day will come, but

I just got paid
I'm broke, but I'm ballin'
Don't know where we're going
We go in when we go out

I just got paid
I'm broke, but I'm ballin'
Don't know where we're going
We go in when we go out

I just got paid

I should grow up some day 'cause I got bills to pay
I think I'll take my time, I know I'll be just fine
And when I've had my fun, I swear I'll be someone
I know that day will come, but

I just got paid
I'm broke, but I'm ballin'
Don't know where we going
We go in when we go out

I just got paid
I'm broke, but I'm ballin'
Don't know where we're going
We go in when we go out
Yeah, I just got paid

(Free style dance)

Gimme that, gimme that, gimme that
Gimme that, gimme that, gimme that
Gimme that money, Gimme that money

Gimme that, gimme that, gimme that
Gimme that, gimme that, gimme that
Gimme that money
I just got paid

Proud

Heather Small

I look into the window of my mind
Reflections of the fears I know I've left behind
I step out of the ordinary
I can feel my soul ascending
I am on my way
Can't stop me now
And you can do the same, yea

What have you done today to make you feel proud?
It's never too late to try

What have you done today to make you feel proud?
You could be so many people
If you make that break for freedom

What have you done today to make you feel proud?

Still so many answers I don't know
Realize that to question is how we grow

I step out of the ordinary
I can feel my soul ascending
I'm on my way
Can't stop me now
And you can do the same, yeah

What have you done today to make you feel proud?
It's never too late to try

What have you done today to make you feel proud?
You could be so many people
If you make that break for freedom

What have you done today to make you feel proud?

Yeah, We need a change, Yeah
Do it today, Yeah
I can feel my spirit rising
Change, Yeah.
We need a change, Yeah
Do it today, Yeah
'Cause I can see a clear horizon

What have you done today to make you feel proud?
It's never too late to try

What have you done today to make you feel proud?
You could be so many people
If you make that break for freedom
What have you done today to make you feel proud?

2022

Dancekids

I'll Be There - Jess Glynn

When all the tears are rolling down your face
And it feels like yours was the only heart to break
When you come back home and all the lights are out
And you're getting used to no one else being around

Oh, oh, I'll be there

When you need a little love, I got a little love to share
I'm gonna, I'm gonna, I'm gonna come through
You'll never be alone, I'll be there for you

I'll be there, I'll be there for you

I'll be there, I'll be there for you

Oh, I swear, I got enough love for two, ooh, ooh, ooh
You'll never be alone, I'll be there for you

When you're lost down the river bed, I'll be there

When you're lost in the darkness, I'll be there

I'll be there when your heart is breaking

You'll never be alone, I'll be there for you

I'll be there, I'll be there for you

I'll be there, I'll be there for you

Oh, I swear, I got enough love for two, ooh, ooh, ooh
You'll never be alone, I'll be there for you.

(Freestyle Dance)

Don't Start Now - Dua Lipa

If you don't wanna see me dancing with somebody
If you wanna believe that anything could stop me

Did a full 180, crazy

Thinking 'bout the way I was

Did the heartbreak change me? Maybe

But look at where I ended up

I'm all good already

So moved on, it's scary

I'm not where you left me at all, so

If you don't wanna see me dancing with somebody
If you wanna believe that anything could stop me

Light It Up (from the ' Make It Pop' soundtrack)

Let's light it up
Let's see it all around us
We're one and all
The fire's gonna guide us

Look at the sky
We gonna make it shine so bright
Get ready now, It's time to put your cell lights high

I wanna feel it (whoa -oh)
Light it up, Light it up
Cause I wanna see it (whoa-oh)
Light it up, Light it up
Light it up for love
Light it up, light it up
Light it up for love
Just light it up, light it up

I wanna feel it (whoa-oh)
Light it up, Light it up
Cause I wanna see it (whoa-oh)
Light it up, Light it up
Light it up for love
Light it up, light it up
Light it up for love
Just light it up, light it up, light it up
Don't start caring about me now

(Freestyle Dance)

Party Rock Anthem - LMFAO

Party Rock!

Yeah, Party rock is in the house tonight
Everybody just have a good time (yeah)
And we gon' make you lose your mind
Everybody just have a good time

Party rock is in the house tonight
Everybody just have a good time (yeah)
And we gon' make you lose your mind
We just wanna see you Dancin'!

(Free style dance)

Party rock is in the house tonight
Everybody just have a good time (yeah)
And we gon' make you lose your mind
Everybody just have a good time

Get up get down put your hands up to the sound
Get up get down put your hands up to the sound
Get up get down put your hands up to the sound
Put your hands up, put your hands up
Put your hands up, put your hands up

Party rock is in the house tonight
Everybody just have a good time (yeah)
And we gon' make you lose your mind
Everybody just have a good time (yeah)

Think About Things

Daði Freyr

Though I know I love you
I find it hard to see how you feel about me
'Cause I don't understand you
Oh you have yet to learn how to speak
When we first met
I will never forget
'Cause even though I didn't know you yet
We were bound together now and forever
And I could never let you go

Baby, I can't wait to know
What do you think about things
Believe me, I will always be there so
You can tell me anything and I'll listen

When we are together
There isn't anywhere that I would rather be
Three birds of a feather
I just hope you enjoy our company
It's been some time
And though hard to define
As if the stars have started to align
We are bound together
Now and forever
And I will never let you go

Baby, I can't wait to know
What do you think about things
Believe me, I will always be there so
You can tell me anything and I'll listen

I might... Even know what to say
But either.... way, At least.... I'll be..... there

Baby, I can't wait to know
What do you think about things
Believe me I will always be there so
You can tell me anything and I'll listen

What The World Needs Now Is Love

Jackie DeShannon

[CHORUS - CHOIR]

What the world needs now is love, sweet love
It's the only thing that there's just too little of
What the world needs now is love, sweet love
No not just for some, but for everyone

[SOLOIST]

Lord, we don't need another mountain
There are mountains and hillsides enough to climb
There are oceans and rivers enough to cross
Enough to last 'til the end of time

[CHORUS - CHOIR]

What the world needs now is love, sweet love
It's the only thing that there's just too little of
What the world needs now is love, sweet love
No, not just for some, but for everyone

[SOLOIST]

Lord, we don't need another meadow
There are cornfields and wheatfields enough to grow
There are sunbeams and moonbeams enough to shine
Oh listen, Lord, if you want to know

[CHORUS - CHOIR]

What the world needs now is love, sweet love
It's the only thing that there's just too little of
What the world needs now is love, sweet love
No, not just for some, oh, but just for every, every, everyone

You're The Voice

John Farnham

[SOLOIST]

We have the chance to turn the pages over
We can write what we want to write
We gotta make ends meet, before we get much older

We're all someone's daughter
We're all someone's son
How long can we look at each other
Down the barrel of a gun?

[CHORUS - CHOIR]

You're the voice, try and understand it
Make a noise and make it clear
Oh, whoa
We're not gonna sit in silence
We're not gonna live with fear
Oh, whoa

[SOLOIST]

This time, we know we all can stand together
With the power to be powerful
Believing we can make it better

Ooh, we're all someone's daughter
We're all someone's son
How long can we look at each other
Down the barrel of a gun?

[CHORUS - CHOIR]

You're the voice, try and understand it
Make a noise and make it clear
Oh, whoa
We're not gonna sit in silence
We're not gonna live with fear
Oh, whoa

[SOLOIST]

Ooh, we're all someone's daughter
We're all someone's son
How long can we look at each other
Down the barrel of a gun?

[CHORUS - CHOIR]

You're the voice, try and understand it
Make a noise and make it clear
Oh, whoa
We're not gonna sit in silence
We're not gonna live with fear
Oh, whoa

You're the voice, try and understand it
Make a noise and make it clear
Oh, whoa
We're not gonna sit in silence
We're not gonna live with fear
Oh, whoa

You're the voice, try and understand it
Make a noise and make it clear
Oh, whoa
We're not gonna sit in silence
We're not gonna live with fear
Oh, whoa

You're the voice, try and understand it
Make a noise and make it clear
Oh, whoa
We're not gonna sit in silence
We're not gonna live with fear
Oh, whoa